

# **Cedar for Saunas**

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Western Red Cedar has long been the top choice for saunas because of its many natural beneficial properties.

## **Heat Retention**

Cedar is light-weight and its cellular structure is full of air, which is a great insulator. This helps retain heat inside but it also helps keep the material cool so that when you lean up against it, or lay on a cedar bench you don't get burnt.

## **Natural is Best**

Besides looking great and performing great, Natural Western Red Cedar in your sauna smells great! Our Western Red Cedar is top quality so buy with confidence that you are going to love the cedar in your sauna.